



GO. SEE. DO.



Capitol Hill July 4th Parade and Festival Picnic.

July 4, 10 AM. Don't miss Capitol Hill's hometown Independence Day parade featuring The Commandant's Own Drum and Bugle Corp, Engine Co. 18 Truck, Mini Cooper Club of Capitol Hill, Monster Bikes, Model T's, Fairy Princess Patrol, USMC vehicles, special surprise USMC guest and much, much more. The parade begins at 10 AM and proceeds north on Eighth Street SE from I Street to Pennsylvania Avenue. Parade marchers should meet at the intersection of Eighth and I streets SE at 9 AM. A Family Festival will be held at the Eastern Market Metro Plaza, from 10:45 AM until 2 PM. The festival benefits an Arts Education Fund for DC Public Schools on Capitol Hill. To register a marching group, visit <http://tiberdc.com/4thofjuly>. For more information, contact Sharon Boesen at 202-230-4588 or sharonboesen@gmail.com.



Chincoteague Pony Swim and Firemen's Carnival.

July 28 and July 29. The Pony Swim is on July 28. The exact time of the swim isn't announced until the day before. The Pony Auction and Firemen's Carnival is on July 29. For several decades the annual Pony Swim has been the Eastern Shore's biggest event, drawing up to 50,000 spectators from across the nation. It started in 1925 to raise money for new firefighting equipment. Members of the Chincoteague Volunteer Fire Company gather the herd of wild ponies on neighboring Assateague Island and swim them over to Chincoteague. The Firemen's Carnival features old-fashioned family fun with rides, games, food, live entertainment, raffles, and more. The carnival is open July 1-3, 9-10, 16-7, 23-24, 26-31, and Aug. 6-7. There are fireworks on July 3. www.easternshorevisitor.com/chincoteague-pony-swim



"Design for the Other 90%".

On exhibition daily through September 6, 9 AM-5 PM, National Geographic Museum, 1145 17th St. NW. This exhibit highlights the growing trend among designers to develop solutions that address basic needs for the vast majority of the world's population not traditionally served by professional designers. Of the world's 6.5 billion people, 90 percent have few to none of the basic necessities required for progress and survival. "Design for the Other 90%" presents more than 30 innovative products and solutions to these obstacles. Free. 202-857-7588. www.nationalgeographic.com/museum

Sunday Forum Conversations at the Washington National Cathedral.

Sundays, 10:10 AM (lasts about 50 minutes). Washington National Cathedral at the intersection of Massachusetts Avenue and Wisconsin Avenue, NW. The Sunday Forum is a weekly program of honest, intellectually probing, and generous-spirited dialogue about major issues of our time as seen from the Christian perspective. Issues such as health care, homelessness, hunger, aging, youth, animals, politics, civic life are discussed with prominent experts. Free and welcoming of the public. No tickets required. 202-537-6382. www.nationalcathedral.org/learn/sundayForum.shtml

