



## 39th Annual International Children's Festival

The Arts Council of Fairfax County presents the International Children's Festival, Sept. 19-20, 10 a.m.-4 p.m., rain or shine, at Wolf Trap. This year's event features the dance sensation TAP KIDS; young performers from Georgia, Serbia and Spain; hundreds of local artists and performing groups representing a diverse range of art forms, genres and cultures; interactive arts and education tents, and more. Discover the Arts & Crafts Village, witness artists and performances close-up at the Global Art & Rhythm Tent and community stage, experience international foods and participate in dozens of interactive educational activities at multiple stages and tents around the park.

Advance sale tickets (through Sept. 12): \$8/adults; \$4/seniors & children. Week of/day of tickets: \$10/adults; \$6/seniors & children. Free for ages 2 and under. Weekend passes available. Wolf Trap is located at 1551 Trap Road, Vienna, Va. 22182. Visit [www.internationalchildrensfestival.org](http://www.internationalchildrensfestival.org) for more information and to purchase tickets.

LEFT: Children from Jordan and Finland in the meadow during the 2008 festival. Photo: Christopher E. Robin.

BY MARY-FRANCES DALY

## Apply Now for DC Council Youth Internship Program

The District Office of Youth Programs is now accepting applications for the DC Council's Youth Internship Program (CYIP), a yearlong program that provides high school juniors and seniors (ages 16-19) with opportunities to gain professional and educational experiences through work in the council offices. Interns participate in council meetings and hearings, as well as other aspects of legislative business. Past council interns have been hired to participate in the council's Summer Youth Internship Program, have received various scholarships and awards, and have attended some of America's most renowned colleges and universities. The program begins this fall and slots are very limited. The pre-screening application must be submitted no later than Sept. 4. Visit [www.dccouncil.us/internprograms](http://www.dccouncil.us/internprograms) for the application and more information.

## 11th Annual Boo at the Zoo Tickets on Sale Sept. 3

If you are a FONZ member, tickets are already available for purchase, but for all others, Sept. 3 is the day to get your tickets for Boo at the Zoo. This year's event is three nights, Oct. 23, 24 and 25, 5:30-8:30 p.m., at the National Zoo. The wildest trick-or-treat in town sells out every year, so buy your tickets as soon as you can. \$15/members; \$25/nonmembers. Kids under 2 are free. 202-633-4240, [www.fonz.org](http://www.fonz.org).

## DC Neighborhood Library Schedule

Northwest Library. Baby/toddler story time for children ages infant to 3 years, Tue and Thu, 11:15 a.m. 330 Seventh St. NE. 202-698-3320, [www.dclibrary.org](http://www.dclibrary.org).

Southeast Library. Preschool story time for ages 3-5, Mondays, 11 a.m., Wednesdays, 10 a.m. Infant/toddler story time for ages 3 and under, Wednesdays, 11 a.m. 403 Seventh St. SE. 202-698-3377, [www.dclibrary.org](http://www.dclibrary.org).

Southwest Library. Story time fun with the librarian for children ages infant to 3 years, Tue and Thu, 10:30 a.m. Preschool story time for ages 2-5, Tue and Thu, 11:15 a.m. 900 Wesley Place SW. 202-724-4752, [www.dclibrary.org](http://www.dclibrary.org).

## Baby Loves Disco: Fall Into Disco

Baby Loves Disco is back! "Fall into Disco" on Sept. 12, noon-3 p.m., at the Rock and Roll Hotel. The Rock and Roll Hotel is transformed into a child-proof disco as children and parents let loose to disco tunes spun by disc jockeys. Appropriate for children ages 6 months to 7 years. Tickets are available in advance at [www.babylovesdisco.com](http://www.babylovesdisco.com). \$12/advance; \$15/at the door; free/non-walking babies. 1353 H St. NE.

## Boogie Babes at SOVA

Grab your little one and boogie on down to SOVA Espresso to see Mr. Don, Mr. Skip and Oh Susannah! this month. The Boogie Babes show schedule for September is as follows: Mr. Skip, Sept. 14, 10:30 a.m.; Oh Susannah!, Sept. 25, 10:30 a.m.; and Mr. Don, Sept. 30, 10:30 a.m. SOVA Espresso is located at 1359 H St. NE. All shows are \$5/child (cash only, pay at the door). Check website for updates: [www.boogiebabes.com](http://www.boogiebabes.com).

## Fall Soccer

Registration for fall and spring soccer through Sports on the Hill is now open to children ages 3 to 18 years (players are assigned to teams based on their age as of July 31). The fall season runs from Sept. 12 to Nov. 14; the spring season runs from late-March to mid-June. Games are played at parks throughout Ward 6 and at the Anacostia and Kenilworth parks; refer to the website for locations. The cost for U7-U19 is \$100/player for both seasons or \$175/two or more players per family; \$60/player for spring only. The cost for U4/5/6 is \$30/player for both seasons; \$30/player for spring only. Register

online at <http://sportsonthehill.com/soccer.aspx>. For general questions, contact Larry Kaufer at 202-543-4582 or [lakaufer@yahoo.com](mailto:lakaufer@yahoo.com).

## Flag Football

The fall 2009 season for the Capitol Hill football division of Sports on the Hill will run Sept. 13 to Nov. 15, and teams will be organized by age groups 6-8 and 9-11. A 12- to 14-year-old age group may be organized depending on interest. The age date cutoff is Sept. 1, 2009. The 6 to 8 age group will play house league touch football. The older teams will play flag football games with Arlington County Department of Recreation teams on Sunday afternoons. Team size on the field is five players. Squad size is a maximum of 10. Games are two 20-minute halves and take about an hour. Registration can be completed online at [www.sportsonthehill.com](http://www.sportsonthehill.com). \$40/player. Scholarship aid is available. Players, volunteer coaches, and administrative volunteers are needed. Contact Larry Kaufer, 202-543-4582, [lakaufer@yahoo.com](mailto:lakaufer@yahoo.com), for more information.

## Lacrosse on the Hill

Sports on the Hill is offering a fall and spring lacrosse program for boys and girls, ages 5-10, under the direction of Malcolm Lester. Players will meet on Sundays at Kingsman Field on the 1300 block of D Street NE: Sept. 13, 20, 27; Oct. 4, 18 and 25, and Nov. 1 (please note that there will be no lacrosse on Oct. 11, which falls on the Columbus Day weekend). Girls will play from 2-3 p.m., and the boys will follow from 3-4 p.m. All registrants will receive a Capitol Hill Lacrosse reversible jersey from Lax World. Sticks will be provided to those in need. Spring lacrosse will meet in April and May at Kingsman on Sundays from 2-4 p.m. Register online now for fall and spring. The fee is \$75, and siblings are \$60. [www.sportsonthehill.com](http://www.sportsonthehill.com). Youths over 10 interested in lacrosse are encouraged to consider Breakout Lacrosse, a DC-based lacrosse training organization – [www.breakoutlacrosse.com](http://www.breakoutlacrosse.com). For more information, please contact Coach Lester at 202-537-5703 or [mlester@cathedral.org](mailto:mlester@cathedral.org).

## The Family Room Has a New Fall Schedule!

The Family Room, located at 411 Eighth St. SE, will offer a range of Kindermusik classes and other music and language classes this fall. The calendar is subject to change, so please call to confirm dates. Visit the website for detailed class descriptions.

- Kindermusik Imagine That, for ages 3-5. The 14-week session begins Sept. 14 and continues every Monday, from 3:45-4:30 p.m. A free demo



## Fall is the perfect time for the arts at Capitol Hill Arts Workshop

### Featured Fall Classes

#### Pre-K

Music Together, Pre-Ballet, Mother Goose & Me Theater

#### Youth After School

Photography & Science, Printmaking, "Japan, Tea & Clay"

#### Teens

Advanced Drawing & Musical Theater

#### Adult

Social Ballroom Dance, Flower Arranging, Portrait Painting

Private Music Instruction for all ages

**NEW** – Flute, Suzuki Strings, Percussion, Sax & Clarinet

Join us for our **Fall Open House and Gallery Show**

"Windows on the Hill: Ten Years of Children's Photographs at the Capitol Hill Arts Workshop,"

Saturday, September 12, 3-5 PM – Free activities.

Registration and information [www.chaw.org](http://www.chaw.org)  
or call 202-547-6839.

**NEW** – online registration



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class is offered Aug. 31, 3:45-4:30 p.m. \$210 for the session; \$45 for take-home kit.

- Kindermusik Sign and Sing, for parents with hearing children ages 6 months to 3 years. Classes offered Wednesdays or Saturdays. The five-week Wednesday class, session A, begins Sept. 16, 11-11:45 a.m.; the five-week Wednesday class, session B, begins Oct. 21. Free demo class Sept. 9, 11-11:45 a.m. The five-week Saturday class, session A, begins Sept. 12, 9:30-10:15 a.m. Call about session B. Free demo class Sept. 5, 9:30-10:15. \$150 for two five-week sessions.
- Kindermusik Our Time, for ages 1 ½ to 3. The 14-week session begins Sept. 10 and continues every Thursday from 10-10:45 a.m. Free demo class Sept. 3, 10-10:45 a.m. \$225 for the session; \$65 for take-home kit.
- Kindermusik Village, for ages newborn to 1 ½. The eight-week session begins Sept. 25 and continues every Friday, noon-12:45 p.m. Free demo class Sept. 11. \$120 for the session; \$45 for take-home kit.
- Spanish story time, Tuesdays, 2:30-2:45 p.m.; French for 3's, 4's and 5's, Tuesdays, 3:30-4:15 p.m.; Spanish for 3's, 4's and 5's, Tuesdays, 4:30-5:15 p.m. French story time, Thursdays, 2-2:15 p.m.
- Music for infants, Tuesdays, noon-12:30 p.m.; music for 1's and 2's, Wednesdays, 10-10:30 a.m.

Please call 202-640-2855 for the most up-to-date information. Check out [www.thefamilyroomdc.com](http://www.thefamilyroomdc.com) for workshops and special events.

## Monday Morning Pre-School Dance Classes at St. Mark's Dance Studio

Registration for pre-school dance classes at St. Mark's opens Sept. 11, from 3-6 p.m. and Sept. 12, from 9-noon. "The goal of this creative movement program is to provide a positive and fun introduction to dance. Using images from nature and the children's world we explore how our bodies move through space, incorporating music and rhythm," says class instructor Jessica Sloane. The 13-week-session runs every Monday, except Columbus Day (Oct. 12), Sept. 14 to Dec. 14. A 2-year-old class is offered from 10:15-10:45 a.m., and a 3-year-old class is offered from 10:50-11:20 a.m. For more information or questions, contact Jessica Sloane at [Lewando@verizon.net](mailto:Lewando@verizon.net).

## Registration Underway for CHAW Early Education Classes

Registration is now open for the Capitol Hill Arts Workshop Fall I Session of early education classes, which runs Sept. 8-Oct. 3; registration for

the Fall II Session, which runs Nov. 9-Dec. 19, opens Oct. 9. CHAW offers a full range of classes in music and movement for children ages infant to 5 in the early childhood classes. Registration can be completed online at [www.chaw.org](http://www.chaw.org); by mailing a completed form to Capitol Hill Arts Workshop, 545 Seventh St. SE, Washington, DC 20003; by faxing a completed form to 202-543-1723; or by calling 202-547-6839. Financial aid is available. CHAW is located at 545 Seventh St. SE.

## Little Steps Music

Registration for the fall semester of Little Steps Music is now underway. All Little Steps classes will take place at the Capitol Hill Arts Workshop, 545 Seventh St. SE, Mondays, Thursdays and Fridays, at 9:45, 10:45 or 11:45 a.m., and Wednesdays at 6:05 p.m., beginning the week of Oct. 5. All classes run for nine weeks except the Wednesday evening class, which runs for 10 weeks. To register or to receive more information, call 703-536-4706 or visit [www.littlesteps-music.com](http://www.littlesteps-music.com).

## Baby Massage at Capitol Hill Yoga

Learn to calm and soothe your baby through the nurturing touch of massage. Research shows that babies who are massaged may sleep deeper and longer, spend more time active and alert for learning, increase bonding and attachments to their parents, and improve elimination. Granetta Coleman leads a three-week infant massage course, Sept. 15, 22 and 29 (10:30-11:45 a.m.), at Capitol Hill Yoga (641 Pennsylvania Ave. SE). \$90/infant, ages 4 weeks to pre-crawling. To register or for more info, contact Granetta Coleman at [contact@healthymotions.com](mailto:contact@healthymotions.com) or 202-276-0517. Visit [www.healthymotions.com](http://www.healthymotions.com) for more info.

Yoga Classes and Workshops for Kids at Capitol Hill Yoga

- Itsy Bitsy Yoga – Baby: Thursdays, Sept. 10-Oct. 15, noon-12:45 p.m. Age: 4 weeks to nearly crawling. Most of the yoga in Itsy Bitsy Yoga is for the child, but parents also will learn breathing and relaxation techniques and practice some yoga. \$72/six-class session; \$15/drop-in rate.
- Itsy Bitsy Yoga – Tots: Thursdays, Sept. 10-Oct. 15, 11-11:45 a.m. For tots who are almost crawling to 24 months. Continue bonding with your child as you help them feel comfortable in their moving body, develop self-confidence and encourage their creative spirit. \$72/six-class session; \$15/drop-in rate.
- Itsy Bitsy Yoga – Tykes: Wednesdays, Sept. 9-Oct. 14, 11:15 a.m.-noon. Age: 2 to 4. This class is a fun flow of poses, songs, stories and games through which parent and child can deepen their bond. \$72/six-class session; \$15/

drop-in rate.

- Itsy Bitsy Yoga Weekend Workshop. Sept. 13, 2 p.m. Baby, 3 p.m. Tykes, 4 p.m. Tots. The weekend Itsy Bitsy Yoga workshop will be held the second Sunday of each month. Learn more about the specific Itsy Bitsy Yoga class types above. Price: \$15. Register early. Space is limited.

Visit [www.itsybitsyyoga.com](http://www.itsybitsyyoga.com) for more information. Pre-registration encouraged for all. Capitol Hill Yoga, 641 Penn. Ave. SE. Call 202-448-9680 or visit [www.capitolhillyoga.com](http://www.capitolhillyoga.com) to register.

## Irish Dancing for Kids

Registration is now open for the Slan Abhaile Dance Project's fall semester of Irish dance classes. The classes run for 14 weeks, from Sept. 8 to Dec. 8, and are held at St. James Church, 222 Eighth St. NE. Class size is limited. Classes for pre-k and kindergarten (children must be 4 years of age) students will take place on Tuesdays at 4-4:45 p.m. Classes for students in grades one through four will take place on Tuesdays at 4:45-5:30 p.m. \$160/returning students; \$175/new students; \$140/siblings. For more information, or to register, visit [web.me.com/sbdunne/Site/kids.html](http://web.me.com/sbdunne/Site/kids.html) or e-mail [slanproject@gmail.com](mailto:slanproject@gmail.com).

## Wolf Trap Fall Classes Start Soon

Wolf Trap is now registering infants/toddlers (ages 6 months to 5 years) and their parent/caregiver in its fall semester of integrated performing arts classes and creative movement classes. The classes run for eight-weeks, Sept. 14-Nov. 7, and are offered on either Mondays or Saturdays. The integrated performing arts classes are aimed at supporting social, intellectual, emotional and physical development; the creative movement classes allow children to explore movement through music. Online registration is now available at [www.wolftrap.org](http://www.wolftrap.org). Contact Wolf Trap Education at [classes@wolftrap.org](mailto:classes@wolftrap.org) or 703-937-6307. Classes are held in the Center for Education at Wolf Trap, 1645 Trap Road, Vienna, Va.

## Kennedy Center 25th Annual Open House Arts Festival & Children's Book Festival

The Kennedy Center Open House Arts Festival celebrates its 25th anniversary, Sept. 12, noon-4 p.m., with a free day of fun for everyone in the family. This year's theme is Stage and Street Spectacular. Join in the celebration as the National Children's Museum presents family friendly programs at the festival. New this year to the Open House Arts Festival is the addition of the 14th Annual Multicultural Children's Book Festival including authors including Tonya Bolden, Monica Brown, Bryan

Collier, Shane Evans, Anne Sibley O'Brien and Linda Sue Park. Hundreds of titles will be available for purchase. Presented by the Kennedy Center Education Department. Free. 2700 F St. NW. 202-467-4600, [www.kennedy-center.org](http://www.kennedy-center.org).

## Children's Programs at NCM

The National Children's Museum will host the following activities for children in September at the National Harbor's Launch Zone.

**Destination Mexico!:** Sept. 12, 19 & 26, 11 a.m.-4 p.m. Each week, kids will make different craft activities inspired by traditional or contemporary Mexican culture, including paper flowers, Mexican flags, and papel picado, as well as try on traditional Mexican costumes.

**Wee Wonders' Remarkable Rivers:** Sept. 15, 22 & 29, 10-11:15 a.m. Explore river animals and fish, boats, and the properties of water alongside your young child in this fun, fast-paced program. Activities typically include stories, games, art, music, experiments, drama and movement. For ages 2-3 with a parent/caregiver. Limit two children per adult; additional siblings are not permitted. \$10 per child. Pre-registration and advance payment (by check or credit card only) is required by the Friday prior to the event. Call 202-675-4120 or e-mail [RSVP@ncm.museum](mailto:RSVP@ncm.museum) to register. Events are free unless otherwise noted. 112 Waterfront St., National Harbor, Md. 301-686-0225, [www.ncm.museum](http://www.ncm.museum).

## Washington Youth Choir Auditions for 2009/2010 Program

The Washington Youth Choir is looking for new singers, ages 13 to 19. Call 202-293-7508 to schedule an audition time at Calvary Baptist Church, located at 733 Eighth St. NW. Auditions run 10 to 15 minutes and will evaluate each student's level of musicianship and vocal capabilities through the evaluation of sight reading, rhythmic and tonal readings. Students interested in auditioning should prepare a familiar song. The Washington Youth Choir is a free after school program whose mission is to enhance the educational experience of DC-area youth through the rigorous study and performance of music and facilitate their transition out of high school. Visit [www.washingtonyouthchoir.org](http://www.washingtonyouthchoir.org) for more information.

## Free After-School Program for DC Area Youth – Sign up now!

Youth ages 11-14 throughout the metropolitan area are invited to participate in the Teen Life Clubs of Children's National Medical Center. Teens meet once a week after school to explore different topics related to healthy bodies, sexual health, violence prevention, money skills and the world of work. All club members earn a stipend and are invited to participate in a weekly tutoring program and in monthly enrichment activities like self-defense training, holiday parties, field trips, a basketball tournament and more. The program meets in nine sites all over DC from October to May. For more information or to sign up, contact Sheena Ware, 202-476-6018, or visit [www.childrensnational.org](http://www.childrensnational.org).

*Have a listing for the Kids & Family Notebook? E-mail [kidsnotebook@hillrag.com](mailto:kidsnotebook@hillrag.com) by the 20th of the month prior to publication. Submissions may be edited. Publication not guaranteed. ★*

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